

In an increasingly toxic world, we are regularly exposed to pollution, pesticides, and other contaminants. Lifestyle factors like an unhealthy diet, stress, and lack of sleep and exercise can put our body in a state of "dis-ease." This taxes our bodies, and our genes try to deal with the onslaught of other unknown stimuli, to which our natural coping mechanisms seem ineffective. The combination of environment, genetics, and lifestyle can be a perfect recipe for chronic disease. The Sanoviv Medical Treatment Program addresses a wide variety of conditions, such as digestive disorders, autoimmune conditions, diabetes, hormone imbalances, cardiovascular and metabolic disorders, and undiagnosed medical conditions.

At Sanoviv, you are assigned a 7-member team to work with you, including a medical doctor, nutritionist, psychologist, chiropractor, biological dentist, fitness professional, and bioenergetic specialist. Experience a completely integrated team to assess and recommend solutions for your health concerns. Together, we take a whole-body approach to your wellness and offer everything under one roof in a beautiful healing environment. From nutritious, prepared meals to advanced alternative therapies, Sanoviv takes care of everything so you can focus on feeling better.

## **Customized Program Includes:**

- Laboratory Tests (see list)
- Electrocardiogram (EKG)
- Ultrasound (abdomen, breast, other areas if indicated)
- Chest X-ray (if indicated)
- Medical Consultations
- Nutrition Assessment & Consultations
- Psychology Consultation & Sessions (one-on-one)
- Chiropractic Assessment & Follow-up
- Dental Evaluation with Panorex X-ray
- Fitness Assessment & Individual Sessions
- Mind-Body Therapy
- Specialist Consultation (if indicated)
- Ozone Therapy
- Hyperbaric Oxygen Therapy

- Glutathione Treatment
- IV Vitamin C
- Colon Hydrotherapy\*
- Medical Spa Treatments (see list)
- Bioenergetic Therapies
- Max Pulse (HRV & Vessel Health Assessment)
- Bioimpedance Analysis (body composition)
- Morning Meditations
- Food Preparation Demonstrations
- Fitness Classes (stretching, rebounding, water fitness, yoga, and light strength as available)
- Lectures (nutrition, detox, breathing)
- Two Weeks Oceanfront Accommodations
- All Meals (whole food, gluten-free, dairy-free)
- 6 Months of Aftercare Support

## **Laboratory Tests**

- Comprehensive Metabolic Panel
- Complete Blood Count (CBC)
- C-Reactive Protein
- Thyroid Panel (TSH, T4, T3, FT4, FT3)
- Thyroid Peroxidase Antibodies (TPO)
- Urine and Stool Analysis
- Blood Type
- Vitamin D (25-hydroxy)
- Sedimentation Rate (ESR)
- Glycated Hemoglobin (HbA1c)
- Homocysteine
- Fasting Insulin
- PSA or Pap smear
- Male/Female Hormone Panel
- Mycotoxin Panel (Qualitative Elisa Toxiplex)

## **Medical Spa Treatments**

- Swedish Massage
- Fascia Therapy
- Lymphatic Drainage Massage
- Reflexology
- Craniosacral Therapy
- Matrix Regeneration Therapy
- Parafango Treatment
- Seaweed or Fango Body Wrap
- Infrared Sauna Treatment



\*Colon Hydrotherapy is not available for guests 65 and older, due to a higher risk of complications. Alternate detox therapies may be substituted with your doctor's consent.











The scenarios listed are examples of tests, medical treatments, and therapies included in this program. Some are only done if indicated by the doctor. This program is sold as a package, and there is no refund or credit for items not received. Each guest is treated according to his or her unique symptoms and needs within the parameters of the program. Occasionally, your medical team may recommend additional tests, therapies, or consultations not included in this program after your assessment that would necessitate an additional fee. These add-on services will only be ordered after being thoroughly explained to you and obtaining your written approval.