



Learn from the experts while pampering yourself!!

Health & Education RETREAT

This luxury Health and Education Retreat is your opportunity to experience what Sanoviv offers, while earning CNE Credits.

5 Night Educational Retreat

November 4-9, 2017
or March 10-15, 2018

Participants arrive on Saturday morning and depart on Thursday afternoon. Includes luxury ocean-view suite, organic gluten-free, dairy-free meals, and transportation to and from the San Diego airport.

Limited - Time Special Rate:
\$1,997 per person! (Save 47%)
\$1797 each if 2 people share a room

Sanoviv Nutrition Advisor Training Course I

- * Cutting edge nutrition education
- * Group opening and closing ceremony
- * Behind-the-scenes tour of Sanoviv
- * Actionable tips to implement immediately
- * Personal development seminars & activities
- * Features and options listed on next page

❖ **13.66 nursing contact hours of nutrition education**

❖ This continuing nursing education activity was approved by the American Holistic Nurses Association (AHNA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

❖ Approval for contact hours through the American Holistic Nurses Association (AHNA) is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

For more information and to register, call 800-726-6848, or visit www.sanoviv.com

Health Assessments

- * Body Composition Assessment
- * Microscopic Blood Analysis
- * Group Fitness Assessment

Individual Spa & Therapies

- * Reflexology
- * Swedish Massage
- * Sense Facial
- * Bioenergy Therapy

Group Classes

- * Meditation
- * Uncook Your Lunch - Food Prep
- * Evening Presentations & Lectures
- * Energy Medicine
- * Laughter Yoga
- * Dental Lecture
- * Breathing & Relaxation Lecture
- * Product training

- If desired, supplemental services, such as extra spa treatments may be added to your program at additional cost (based on availability).
- The Health & Education Retreat is not a medical program. Participants must be healthy enough to participate in a detox and fitness program. Medical consultations or tests are not available to retreat guests. If you have a medical condition or would like some medical diagnostics, please ask your admissions coordinator about the Medical & Education Retreat which adds our full diagnostic program (Integrative Physical) to the retreat experience.
- Classes are subject to change.

The Sanoviv Experience

- * Free shuttle to/from San Diego
- * Natural-fiber clothing provided
- * Sensé shampoo, conditioner, shower gel and toothpaste in your room
- * Organic wheatgrass twice daily (Tues-Thurs)
- * Organic green juice twice daily (Tues-Thurs)
- * Rebounder in every room
- * Chi machine in every room
- * Organic, gluten-free dairy-free meals
- * Personalized Sanoviv water bottle
- * Sanoviv tote bag
- * Organic cotton sheets and towels
- * Unlimited use of infrared sauna
- * Unlimited use Thalasso pools
- * Seaside jogging/walking track
- * Access to our organic garden
- * Library stocked with reading material
- * Guest computers/internet lounge
- * Sanoviv Recipe Book
- * An unforgettable experience with a lifetime of memories

